



# Associated Dental Specialists

## **NUTRITION & HOST MODULATION FOR BETTER PERIO OUTCOMES:**

An approach that can change lives.

Presented Jointly By: Associated Dental Specialists  
and Pittsburgh Academy of Dentistry

**THURSDAY, SEPTEMBER 10, 2015**

9:00 am – 4:00 pm 6 CE credits

University Club, University of Pittsburgh Campus

123 University Place, Pittsburgh, PA 15260



**Academy**  
*of General Dentistry*

**PACE**

**Program Approval for  
Continuing Education**

Approved PACE Program Provider FAGD/MAGD  
Credit Approval does not imply acceptance by a state  
or provincial board of dentistry or AGD endorsement.  
Provider ID 209557 4/1/2015 to 3/31/2018

## Presenter

### Timothy G. Donley, DDS, MSD



Timothy Donley DDS MSD, a proud former Pittsburger, is currently in the private practice of Periodontics and Implantology in Bowling Green, KY. After graduating from the University of Notre Dame, Georgetown University School of Dentistry and completing a general practice residency, he practiced general dentistry. He then returned to Indiana University where he received his Masters Degree in Periodontics.

Dr. Donley is the former editor of the Journal of the Kentucky Dental Association and is an adjunct professor at Western Kentucky University. He lectures world-wide and is currently a visiting faculty member in Siberia, Russia. Dentistry

Today recently listed him among its Leaders in Continuing Education. He publishes frequently on topics of interest to clinical dentists and hygienists.

## Session Description

This course will teach you the nutritional and lifestyle changes that can make an immediate difference in your patients (and maybe even your own) oral and overall health. Maximally effective periodontal therapy is about much more than just cleaning teeth. Come and learn how to determine which patients have a contributing host response. More importantly, learn the changes that you can make in your treatment protocols to help your patients modulate their host response. You will leave with a clear understanding of how to incorporate a realistic nutrition and lifestyle protocol which can improve the health of your patients, your practice, and even yourself!

## Learning Objectives

- Learn a risk based approach to periodontal diagnosis and treatment.
  - Understand concepts of host modulation therapy.
  - Understand the state of the science concerning nutritional intervention as part of periodontal therapy.
- Develop an in-office system to identify patients who can benefit from host modulation and/or nutritional therapy.

# Session Agenda

- The New Periodontics
- Oral Systemic Inflammation
- Host Modulation Therapy
- Obesity, Diabetes and Perio
- Diet and Exercise
- Don't eat less, eat better
- Fats
- Supplements
- Practice Management

**Registration:** 8:30 am – 9:00 am (Continental Breakfast) 12:00 pm - 1:00 pm (Buffet Lunch)

**Location:** University Club, University of Pittsburgh Campus

**Course Fees:** Doctors: \$275 Staff: \$190

## REGISTRATION FORM

**Mail/fax registration to:** Associated Dental Specialists

6201 Steubenville Pike, Suite 110, McKees Rocks, PA 15136

**Fax:** 412-722-1940 Attn. Dawn

Doctor Name: \_\_\_\_\_

Staff Name: \_\_\_\_\_

Address: \_\_\_\_\_

City State Zip

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please charge my:  MC  Visa Acct#: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**Timothy G. Donley, DDS, MSD / 09-10-15 / Nutrition & Host Modulation for Better Perio Outcomes**

Name	Price	# Attending	Subtotal
Dr.	\$275		
Staff	\$190		

**Deadline:** 14 days prior to Seminar / **Cancellation Policy:** \$20 past deadline

### PAST SPEAKERS

**R. John Brewer, NREMT-P / 02-19-15 / AHA Basic Life Support Health Care Provider CPR**

**R. John Brewer, NREMT-P / 02-19-15 / Anesthesia and Medical Emergencies in the Dental Office**

**Sandra Boody, DA, RDH, M. Voc. Ed. & Lisa Morrow, PhD / 04-24-15 / "Did I Forget to Brush**

**My Teeth?," Brain Injury, Cognitive Changes, Dementia and Psychiatric Disorders**

### UPCOMING SPEAKERS

**Bethany Valachi, PT, MS, CEAS / 11-19-15 / Preventing Pain for Peak Productivity**

For more information contact: Dawn at 412-722-1939 / [dlewis@ads-endo.com](mailto:dlewis@ads-endo.com)



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